



British Columbia Athletic Commissioner

## TOURNAMENT RULES DRAFT

**Tournament** – a competitor-based competition formatted where multiple matches may occur simultaneously at the same venue and where a competitor may have more than one match per day or tournament.

1. All competitors in events sanctioned by this office will be required to complete a BC Athletic Commissioner (BCAC) registration and waiver package.
2. There must be a physician on site at all times. Primary Care Paramedics and an ambulance licenced to transport an injured party to the closest emergency hospital must be available at all times during an event.
3. All competitors must be screened by medical staff for the presence of injuries or communicable diseases.
4. All competitors must be healthy and fit for competition
5. No competitors under the age of 19 may participate in a mixed martial arts (MMA) tournament.
6. No competitor under the age of 16 may participate in any kickboxing, pankration, or Muay Thai tournament.
7. No competitor under the age of 19 is allowed any head contact at all.
8. All competitors in kickboxing, pankration, and Muay Thai events must wear head gear, mouth guards, groin protection, shin guards and foot guards to compete.
9. All tournaments will require referees approved by the BCAC.
10. All competitions **MUST** be controlled contact. Referees will be instructed to disqualify competitors for excessive contact after one warning.
11. Competitors must have at least 30 minutes rest between each match before they can engage in another.
12. Cutting Weight is prohibited for any tournament event.
13. All blood must be cleaned up and any wounds must not be bleeding before a bout can continue.

14. No competitors can compete outside of their weight and/or experience class.
15. No competitor can engage in more than five rounds, consisting of three minutes or less, in any tournament.
16. All competitors will be suspended from training or competing for a minimum of 30 days after the tournament.
17. Competitors may be required to undergo full medical clearances per normal processes at the discretion of the Commissioner.
18. No tournament may be a full contact event. Only Semi-contact tournaments are allowed.
19. A contestant will be given a warning when he/she draws blood from his opponent or for striking with force. The second warning will result in disqualification.
20. There are no knockouts or technical knockouts allowed. Any knockout will result in disqualification of the striker.
21. STRIKES to the HEAD must be controlled and without force. The referee will penalize by points or disqualify the striker for excessive force.
22. The referee may issue a warning or disqualify a contestant at any time for excessive contact or malicious intent.
23. The tournament organizer is responsible to ensure all competitors are aware of the rules around contact and all other rules.
24. Judges will score on technique, number of strikes landed, effective striking, and ring generalship.
25. Judges will also consider excessive force or uncontrolled strikes as impacting the contestants score negatively if the referee does not deduct points.
26. Judges may rule that a participant is intentionally trying to hurt someone or hurts someone resulting from a full contact blow. That participant will be disqualified. (*this will be at judge's discretion, majority rules*). Judges may confer at the end of the round as required on this issue only.